

Black River Tavern Vegetarian Menu

Black River Tavern is committed to serving guests with vegetarian or vegan dining preferences. This menu contains regular menu items that are vegetarian or can be made vegetarian or vegan by requesting the following modifications.

Pretzel Bites vegetarian

Tavern Meat and Cheese Board can be made vegetarian by omitting the meat

Bistro Chips can be made vegetarian by omitting the bacon

Maple-Bacon Brussels Sprouts can be made vegetarian/vegan by omitting the bacon

Rosemary Truffle Fries vegetarian, can be made vegan by omitting the Romano-ranch sauce

Pierogies can be made vegetarian by omitting the bacon and the bacon-mustard glaze

TF *Watermelon-Grapefruit Salad* vegetarian. Can be made vegan by omitting the feta cheese and substituting for the honey vinaigrette

TF *Elyria Apple Spinach Salad* omit the bacon for vegetarian, omit bacon and fontina for vegan

TF *Prosciutto and Fig Salad* omit the prosciutto for vegetarian, omit the prosciutto and parmigiano for vegan

TF *Putting Green Salad* vegetarian, omit cheese for vegan

Pitching Wedge Salad omit bacon for vegetarian

Any Burger substitute a 4oz vegan Beyond Burger Patty instead of the beef patty for an additional \$2. Remove any meat topping

Porky Cheeser Sandwich omit all pork for a vegetarian four-cheese grilled cheese

TF *Veggie Wrap* vegetarian, omit cream cheese and parmigiano for vegan

Shrimp Linguine substitute roasted vegetables, artichokes, and spinach for the shrimp for vegetarian

TF *Troon Fit Tuna* omit the tuna for a vegan zucchini "noodle" pasta

Black River Tavern No Gluten-Added Menu

Black River Tavern is committed to serving guests with gluten intolerance or gluten preference. Please advise your server if your avoidance of gluten is a preference or a medical condition, as we will take advanced precautions for those with allergies. Our facility regularly processes and cooks foods containing gluten. Cross contamination can be reduced but not entirely avoided in this restaurant.

We are not doctors or dieticians, and the following recommendations should not be taken as medical advice. We will gladly answer any questions you may have about menu items, but your menu selections are your responsibility. The following regular menu items do not intentionally contain ingredients known to include gluten protein.

Chicken Lollipops fried in the same oil as breaded products.

Bistro Chips fried in oil also used for breaded products.

Maple-Bacon Brussels Sprouts fried in oil also used for breaded products.

Tavern Meat and Cheese Board omit the crostini.

Garlic Shrimp omit the crostini.

TF *Watermelon-Grapefruit Salad*

TF *Elyria Apple Spinach Salad*

Prosciutto and Fig Salad

Putting Green Salad

Pitching Wedge Salad

Steak Salad

South Beach Burger designed to be no gluten added. Substitute sunflower poppy seed slaw for the coated fries.

Any Burger order without the bun or substitute a lettuce wrap. Substitute sunflower poppy seed slaw for the coated fries or choose the chips.

Any Sandwich can be ordered without the bun, although we would not recommend ordering the Porky Cheeser (excludes meatball sub- contains bread crumbs).

Long Bone Pork Chop

Steak Sinatra

Strip Steak Frites substitute roasted vegetables for the coated fries.

TF *Troon Fit Tuna*

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